

IMPORTANT INFORMATION - PLEASE READ AND SAVE



Lifesaver Victim Harness™

Made in USA
of US and foreign
components

WARNING

- **SERIOUS INJURY OR DEATH MAY RESULT FROM THE IMPROPER USE OF THIS EQUIPMENT.**
- **THIS EQUIPMENT HAS BEEN DESIGNED AND MANUFACTURED FOR USE BY EXPERIENCED PROFESSIONALS ONLY.**
- **DO NOT ATTEMPT TO USE THIS EQUIPMENT WITHOUT PRIOR TRAINING.**
- **THOROUGHLY READ AND UNDERSTAND ALL LABELS AND INSTRUCTIONS BEFORE USE.**
- **USE, INSPECT AND REPAIR ONLY IN ACCORDANCE WITH MANUFACTURER'S INSTRUCTIONS.**



5F04

MEETS THE LIFE SAFETY HARNESS REQUIREMENTS OF NFPA 1983,
STANDARD ON LIFE SAFETY ROPE AND EQUIPMENT
FOR EMERGENCY SERVICES, 2017 EDITION, CLASS II.
THIS HARNESS IS NOT FLAME RESISTANT!

EMERGENCY SERVICES LIFE SAFETY HARNESS
IN ACCORDANCE WITH NFPA 1983 - 2017.

CMC Rescue, Inc.

6740 Cortona Drive, Goleta CA 93117
USA
805-562-9120 / 800-235-5741
cmcpro.com

ISO 9001 Certified

©2019 CMC Control No. 202405-01.00.012519

The **Lifesaver Victim Harness™** is intended for use on a victim but can be used by a rescuer if needed. With proper training and adequate practice, a rescuer should be able to quickly secure a subject with the waist strap then add the leg loops for safer support. The straps are color coded to simplify connecting the correct buckle and V-ring in order to prevent uncomfortable twists in the harness.

Before using the Lifesaver Victim Harness in a high angle rescue or training, practice putting the harness on while on the ground. As in any rescue situation, proper safety precautions and appropriate belays should be used for rescuer and subject.

USER INFORMATION

User Information shall be provided to the user of the product. NFPA Standard 1983 recommends separating the User Information from the equipment and retaining the information in a permanent record. The standard also recommends making a copy of the User Information to keep with the equipment and that the information should be referred to before and after each use.

Additional information regarding life safety equipment can be found in NFPA 1500, *Standard on Fire Department Occupational Safety and Health Programs*, and NFPA 1983, *Standard on Life Safety Rope and Equipment for Emergency Services*.

INSPECTION

Inspect the equipment according to your department's policy for inspecting life safety equipment. Inspect the equipment prior to entry into service, after each use, and at least once every 12 months. The equipment should be thoroughly inspected by an inspector that meets your department's training standard for inspection of life safety equipment. Keep a record of the date, person performing the inspection and results, as well as the date of first use, name of users and any other pertinent information necessary to keep accurate track of the equipment's usage history in the equipment log or on a tag that attaches to the equipment. Each user should be trained in equipment inspection and should inspect the equipment before each use.

When inspecting the equipment, check the webbing and rope for cuts, worn or frayed areas, broken fibers, soft or hard spots, discoloration, or melted fibers. Check the stitching for pulled threads, abrasion, or breaks. Check the hardware for damage, sharp edges, and improper operation. If any of the above is noted, or if the equipment has been subjected to shock loads, fall loads, or abuse other than normal use, remove the equipment from service and destroy it. If there is any doubt about the serviceability of the equipment, remove the equipment from service and destroy it.

The service life of equipment depends greatly on the type of use and the environment of use. Because these factors vary greatly, a precise service life of the equipment cannot be provided.

PREPARATION

After inspection, the Lifesaver Harness should be packed in its storage bag so that it is ready for deployment. Pull the leg V-rings all the way to the end of the straps. Then fold and secure them with the hook and loop assembly. The V-rings should be positioned so they can be pulled down and towards the center. Pull the waist strap V-ring all the way to the end. Do not connect the waist buckles. Store the harness in the bag so that the waist loop (yellow) is at the top.

PUTTING ON THE HARNESS

We recommend the following method for putting on the harness for the most common situations.

1. Pull the waist loop (yellow) out of the bag. Attach a carabiner to it and clip it onto the subject's anchorage point. This could be:
 - To your descender with a Pick Off or Multi-Loop Strap.
 - To a separate rope intended for the subject.
 - To your rope with a Prusik hitch or ascender.

In any situation, the anchorage point should be above the subject. Tighten the drawstring so the harness does not inadvertently fall out of the bag.

2. Position yourself adjacent to the subject.
3. Pull the drawstring to open the bag and remove the harness completely out of the bag. Hold the waist snap buckle in your left hand. The waist loop (yellow) should be next to your wrist. The "CMC" label should be towards the subject.
4. Reach around and clip the waist V-ring into the waist snap buckle. Center the waist loop (yellow) to the subject's front and tighten the waist belt snugly. Take up any slack in the subject's belay.
5. Pull the leg loops down, between the legs, and to the outside of the subject's body.
6. Clip the V-rings into the snap buckles of the matching color. Pull the ends to tighten so the leg loops fit snugly. If you are concerned about the buckles slipping, tie an overhand knot in the end of all the straps.
7. Check the following:
 - The V-rings are securely clipped into each snap buckle.
 - The harness is snug but not pinching or binding.
 - The buckles are not causing the subject any discomfort.
 - All carabiners are locked.
 - All slack is out of the system.

WARNING: To prevent roll out when using carabiners to attach to an attachment point, use only locking models. If using manual locking carabiners, verify that they are locked before use. Follow your industry's protocol for selecting compatible connectors and system components.

CARRYING, MAINTENANCE & STORAGE

During use, carrying and storage keep the equipment away from acids, alkalis, exhaust emissions, rust and strong chemicals. Do not expose the equipment to flame or high temperatures. Carry the equipment where it will be protected as the equipment could melt or burn and fail if exposed to flame or high temperatures.

If the equipment becomes soiled, it can be washed in cold water with a mild detergent that is safe for use with nylon and polyester. Dry out of direct sunlight. Do not dry in an automatic dryer. Store in a cool, dry location. Do not store where the equipment may be exposed to moist air, particularly where dissimilar metals are stored together.

REPAIR

All repair work shall be performed by the manufacturer. All other work or modifications void the warranty and releases CMC from all liability and responsibility as the manufacturer.

SAMPLE INSPECTION AND MAINTENANCE LOG

The sample log suggests records that should be maintained by the purchaser or user of life safety equipment.

| Equipment Inspection and Maintenance Log | | | |
|--|------------------------|-----------------------|------|
| Item _____ # _____ | | Date in Service _____ | |
| Brand/Model _____ | | Strength _____ | |
| Date | How Used or Maintained | Comments | Name |
| | | | |
| | | | |
| | | | |
| | | | |